

# Killer Whales and their Prey in Iceland

# **Expedition Packing List**

## GENERAL

- Expedition Logistics Document
- Your travel plans, rendezvous details, and Earthwatch's emergency contact information
- Photocopies of your passport, flight itinerary, and credit cards in case the originals are lost or stolen; the copies should be packed separately from the original documents
- Passport and/or visa (if necessary)
- Certification of vaccination (if necessary)
- Documentation for travel by minors (if necessary)

# CLOTHING/FOOTWEAR FOR FIELDWORK

**Note:** Bring comfortable clothing that is easy to hand-wash and doesn't need to be ironed. Bring layers of clothing that can easily fit under a dry suit, like thermals, fleece, and long underwear.

- Lightweight, guick-drying pants/trousers, long-sleeved shirts, and pants
- 2-3 warmer layers for boat work or land observations; warm base layer/thermal underwear is also useful
- Lightweight windproof and waterproof jacket
- 1-2 warm sweaters
- Warm, waterproof/windproof hats (with a fleece layer on the inside, for example) are ideal to protect from the cold temperature; a wide-brimmed hat or cap for sun protection.
- Neck warmer or scarf for the boat and land observation work
- Waterproof, windproof, and warm gloves for boat work and warm, windproof gloves for land work
- Comfortable, waterproof shoes for boat work and land observations. We recommend hiking boots that are waterproof with good ankle support. For boat work, the soles mustn't be slippery.
- Use an eye mask if light disturbs your sleep. The sun doesn't set fully until 2:00 a.m., and there are only a few hours of darkness each night during the summer.

## CLOTHING/FOOTWEAR FOR LEISURE

- One set of clothing to keep clean for the end of the expedition.
- Bathing suit for local swimming pool (900 ISK per trip)

# FIELD SUPPLIES

- Small waterproof daypack (drybag) to keep your items together and dry.
- Sunscreen lotion SPF 30+
- Dry bag or plastic sealable bags (e.g., Ziploc) (good for protecting equipment such as cameras from dust, humidity, and water)
- Insect repellent spray
- Sunglasses
- Two one-liter water bottles



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## **BEDDING AND BATHING**

**Note:** The project will provide clean bed sheets, pillows, and duvet covers. *However, those wishing to bring their own are welcome to do so.* 

• Bring a bath towel and/or a small beach towel.

## PERSONAL SUPPLIES

- Face masks—enough for the duration of the project
- COVID-19 antigen (rapid) tests
- Personal toiletries
- Hand sanitizer
- Personal first aid kit (e.g., anti-diarrhea pills, antibiotics, antiseptic, itch-relief, allergy meds, pain reliever, bandages, blister covers, etc.) and medications
- Personal medications or other necessities, enough to cover possible time beyond your planned travel days.
- Spending money (150 euros, about \$180), but please note that major credit and debit cards tend to be accepted on most premises.

## **OPTIONAL ITEMS**

- Camera, film or memory card(s), extra camera battery
- Hardware for sharing digital photographs at the end of the expedition
- Books, games, art supplies, etc., for free time
- Earplugs for light sleepers
- Binoculars (the research team has enough for volunteer tasks, but you're welcome to bring your own)
- Adapter for electronic devices
- Comfortable indoor shoes to change into after conducting fieldwork, such as slippers.
- Travel guide
- Basic modern Icelandic vocabulary guide/phrasebook

**Note:** Bring only what you can carry and handle on your own. If traveling by air and checking your luggage, we advise you to pack an extra set of field clothing and personal essentials in your carry-on bag in case your luggage is lost or delayed.