

## Trailing Penguins in Patagonia

### Expedition Packing List

#### GENERAL

- Expedition Logistics Document
- Your travel plans, rendezvous details, and Earthwatch's emergency contact information
- Photocopies of your passport, flight itinerary, and credit cards in case the originals are lost or stolen; the copies should be packed separately from the original documents
- Passport and/or visa (*if necessary*)
- Certification of vaccination (*if necessary*)

#### CLOTHING/FOOTWEAR FOR FIELDWORK

**Note:** Khaki, earth-toned, or dark or very light-colored field clothing is mandatory (avoid bright colors like yellow, red, pink, etc.).

- Long-Sleeved shirts
- Lightweight field pants (at least two pairs of pants)
- Fleece/jumper/sweater or other warm clothes for layering and wind protection
- Well-broken-in hiking boots with ankle support
- A wide-brimmed hat to protect the face, neck, and head from the strong sun. The hat must have a tie to keep it on your head in the wind.
- Warm windbreaker or jacket
- Scarf, warm headband, light gloves, and hat
- Hiking socks

#### CLOTHING/FOOTWEAR FOR LEISURE

- At least one set of clothing to keep clean for the end of the expedition
- T-shirts
- Comfortable pants
- Lightweight long-sleeve shirts for sun protection
- Comfortable closed-toe shoes to wear around town
- Comfortable, warm sweats to change into after fieldwork

#### FIELD SUPPLIES

- Small daypack to keep your personal items together
- Water bottles
- Sunscreen lotion SPF 50+ (We encourage biodegradable reef/fish-friendly products like those from [Stream2Sea](#). Get 10% off with promo code 'Earthwatch')
- Sunglasses



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## BEDDING AND BATHING

**Note:** Linens will be provided

- Bath towel

## PERSONAL SUPPLIES

- Face masks—enough for the duration of the project
- COVID-19 antigen (rapid) tests
- Personal toiletries
- Hand sanitizer
- Personal first aid kit (e.g., anti-diarrhea pills, antibiotics, antiseptic, itch-relief, allergy meds, pain reliever, bandages, blister covers, etc.) and medications
- Personal medications or other necessities, enough to cover possible time beyond your planned travel days.
- Spending money

## OPTIONAL ITEMS

- Camera, film or memory card(s), extra camera battery
- Hardware for sharing digital photographs at the end of the expedition
- Books, games, etc., for free time
- Earplugs for light sleepers
- Comfortable shoes to change into after conducting fieldwork
- Knee pads to protect knees when kneeling during fieldwork (yoga mats not permitted as they can damage penguin nests and are not well suited for the windy conditions)
- Dry bag or plastic sealable bags (e.g., Ziploc) to protect equipment like cameras from dust, humidity, and water
- Travel guide
- Field guide(s) (i.e., Bird, Marine mammal, plants' guides)
- Binoculars
- Money belt
- Flip-flops or sandals for the shower
- Favorite snacks if you have specific dietary requirements
- Aloe in case of sunburn
- Ziploc bags, 9 Volt and AA batteries, individual antibacterial wipes, and colored duct or flagging tape will be highly appreciated by the team.

**Note:** *Bring only what you can carry and handle on your own. If traveling by air and checking your luggage, we advise you to pack an extra set of field clothing and personal essentials in your carry-on bag in case your luggage is lost or delayed.*