

# Restoring Coral Reefs in Bali

## **Expedition Packing List**

## **REQUIRED COVID-19 SAFETY ITEMS**

The following items are required to be prepared in the event you or another person on site displays symptoms or tests positive for COVID-19:

- Multiple face masks—enough for the duration of the project (N95, FFP2, or equivalent are recommended)
- IMPORTANT: Multiple (3-4) COVID-19 antigen (rapid) tests
- Personal thermometer
- Hand sanitizer
- Proof of COVID-19 vaccination (if required by your destination country)
- Enough personal medications or other necessities to cover possible time in quarantine beyond your planned travel days.

## GENERAL

- Expedition Logistics Document
- Your travel plans, rendezvous details, and Earthwatch's emergency contact information
- Photocopies of your passport, flight itinerary, and credit cards in case the originals are lost or stolen; the copies should be packed separately from the original documents.
- Passport and visa
- Certification of vaccination
- Documentation for travel by minors (*if necessary*)

## CLOTHING/FOOTWEAR FOR FIELDWORK

- 3-4 swimsuit sets and appropriate clothes to cover in public areas (e.g., shorts and a T-shirt)
- Long-sleeved shirt or rash guard for sun protection on the boat and in the water
- Warm wind/waterproof poncho
- Wide-brimmed hat (consider a bandana or other head-covering to wear in the water)
- Sunglasses (polarized lenses are best)-neck strap recommended.
- Though some equipment is available onsite, it is strongly recommended that you bring your own portable dive/snorkel
  equipment—especially if you have a small or large face or feet, as limited sizes are available. Buying a full snorkeling set (such
  as this) on Amazon US for around 30 USD is possible. Helpful items to bring include:
- Mask
- Snorkel (full-face snorkels discouraged)
- Fins
- Reef boots/dive boots and/or neoprene dive socks (protects feet from rocky beaches and helps prevent blisters)
- Gloves (divers only)
- Leggings & long-sleeved rash vest for dive work (3mm wetsuits are available for use onsite in limited sizes)

\*Note: Participants are asked to take care of any gear borrowed from NBRC. Any lost or damaged gear will be the participant's responsibility.



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#### Additional Items for SCUBA Teams

- Dive computer (All participants are required to bring and use their own)
- Dive knife (if you have one)
- Documents for SCUBA participants:
- Copy of dive certification
- Proof of dive insurance
- Dive log (if available)

**\*Note:** Your contribution cost for a SCUBA team includes the rental of BCD, regulator, and tanks for the duration of the expedition. Your Program Coordinator or NBRC staff will contact you to collect sizing information nearer to fielding.

#### CLOTHING/FOOTWEAR FOR LEISURE

- At least one set of clothing to keep clean for the end of the expedition.
- Shorts
- T-shirts
- Footwear for walking around (sandals or sneakers)
- Pajamas or other sleepwear

## FIELD SUPPLIES

- Small daypack
- Sunscreen lotion SPF 30+
- Two one-liter water bottles
- Sunglasses
- Sun hat
- Insect repellent (ideally fragrance-free or with a mild perfume); repellents with permethrin are most effective against ticks.
- Electrolyte powder or tablets for adding to a water bottle (the climate is very hot and humid)

#### BEDDING AND BATHING

Note: Bedding is provided at the accommodations.

Bath & beach towels (these are <u>not</u> provided onsite)

#### PERSONAL SUPPLIES

- Personal toiletries
- Antibacterial wipes or lotion (suitable for cleaning hands while in the field)
- Personal first aid kit (e.g., anti-diarrhea pills, antibiotics, antiseptic, itch-relief, allergy meds, pain reliever, bandages, blister covers, etc.) and medications.
- Spending money (1,000,000 IDR is suggested)
- Mobile phone (Unlocked so an Indonesian SIM card can be used)
- Small backpack (for shopping and day trips)
- Pen/paper/notebook
- Small wallet/purse
- Contact details and emergency details.
- Indonesian language phrasebook (helps when there is no English translation available)



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## OPTIONAL ITEMS

- Camera, film or memory card(s), extra camera battery
- Hardware for sharing digital photographs at the end of the expedition.
- Dry bag or plastic sealable bags (e.g., Ziploc) to protect equipment like cameras from dust, humidity, and water.
- Books, games, art supplies, etc., for free time
- Earplugs for light sleepers
- Mosquito net (one is provided for each bed, but participants may bring their own if preferred)
- School supply donations (Yayasan Wins Indonesia, which oversees our local partner, North Bali Reef Conservation, provides free education to a local school of children ages 5–16. Donations of pens, pencils, board markers, crayons, glue, scissors, calculators, staplers, and staples are helpful to this local community. Donations are optional).

**Note**: Bring only what you can carry and handle on your own. If traveling by air and checking your luggage, we advise you to pack an extra set of field clothing and personal essentials in your carry-on bag in case your luggage is lost or delayed.