

## Conserving Threatened Rhinos in South Africa

### Expedition Packing List

#### REQUIRED COVID-19 SAFETY ITEMS

The following items are required to be prepared in the event you or another person on site displays symptoms or tests positive for COVID-19:

- Multiple face masks—enough for the duration of the project (N95, FFP2, or equivalent are recommended)
- **IMPORTANT:** Multiple (3–4) COVID-19 antigen (rapid) tests
- Personal thermometer
- Hand sanitizer
- Proof of COVID-19 vaccination (if required by your destination country)
- Enough personal medications or other necessities to cover possible time in quarantine beyond your planned travel days.

#### GENERAL

- Expedition Logistics Document
- Your travel plans, rendezvous details, and Earthwatch's emergency contact information
- Photocopies of your passport, flight itinerary, and credit cards in case the originals are lost or stolen; the copies should be packed separately from the original documents
- Passport and/or visa (*if necessary*)
- Certification of vaccination (*if necessary*)
- Documentation for travel by minors (*if necessary*)

#### CLOTHING/FOOTWEAR FOR FIELDWORK

**Note:** *Field clothing must be khaki, earth-toned, or dark colors; white and bright colors will scare animals away.*

- Long-Sleeved shirts
- Pants
- Fleece/jumper/sweater or other warm clothes for night work
- Well, broken-in hiking boots
- A wide-brimmed hat to protect the face, neck, and head from the intense sun.

#### ADDITIONAL CLOTHING/FOOTWEAR FOR FIELDWORK: NOVEMBER TEAM

- Lightweight waterproof jacket
- Waterproof footwear

#### ADDITIONAL CLOTHING/FOOTWEAR FOR FIELDWORK: JUNE, JULY & AUGUST TEAMS

- Warm windbreaker or jacket
- Several layers of warm clothing, including thermal under-layers
- Warm hat and gloves

### CLOTHING/FOOTWEAR FOR LEISURE

- At least one set of clothing to keep clean for the end of the expedition.
- Shorts
- T-shirts
- Comfortable pants
- Lightweight long-sleeve shirts for sun protection
- Comfortable closed-toe shoes to wear around camp

### FIELD SUPPLIES

- A small daypack to keep your items together and dry.
- Sunscreen lotion
- Insect repellent spray
- Two one-liter water bottles
- Flashlight/torch or headlamp with extra batteries and bulbs—this is used for walking around camp at night.
- Whistle
- Notebook
- Pens or pencils
- Binoculars—We have just a few pairs of project binoculars to lend

### BEDDING AND BATHING

**Note:** *A pillow, duvet, and bed sheet will be provided.*

- Four-season sleeping bag (for June, July, and August teams only)
- Towel
- Mosquito net if you are sensitive to insects or insect bites

### PERSONAL SUPPLIES

- Personal toiletries
- Antibacterial wipes or lotion (good for cleaning hands while in the field)
- Personal first aid kit (e.g., anti-diarrhea pills, antibiotics, antiseptic, itch-relief, allergy meds, pain reliever, bandages, blister covers, etc.) and medications
- Spending money
- Money to cover COVID test for return travel if required for your home country (tests currently cost about USD 65 in South Africa at the time of publication of this document)

### OPTIONAL ITEMS

- Camera and/or memory card(s), extra camera battery
- Dry bag or plastic sealable bags (e.g., Ziploc) to protect equipment like cameras from dust, humidity, and water
- Hardware for sharing digital photographs at the end of the expedition
- Books, games, etc., for free time
- Earplugs for light sleepers
- Comfortable shoes to change into after conducting fieldwork
- Bathing suit for recreation day (If warm enough)



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- Travel guide
- Field guide(s)
- Mosquito net
- Money belt
- A small amount of biodegradable laundry soap to wash clothing
- Flip-flops or sandals for the shower
- Favorite snacks if you have specific dietary requirements (**Note:** *Please store these in the kitchen tent cabinets when you arrive to avoid attracting small mammals to your sleeping tent*)
- USB/Pen Drive (32GB)

**Note:** *Bring only what you can carry and handle on your own. If traveling by air and checking your luggage, we advise you to pack an extra set of field clothing and personal essentials in your carry-on bag in case your luggage is lost or delayed.*