

# Wildlife in the Changing Andorran Pyrenees

## Expedition Packing List

### REQUIRED COVID-19 SAFETY ITEMS

The following items are required to be prepared in the event you or another person on site displays symptoms or tests positive for COVID-19:

- Multiple face masks—enough for the duration of the project (N95, FFP2, or equivalent are recommended)
- **IMPORTANT:** Multiple (3–4) COVID-19 antigen (rapid) tests
- Personal thermometer
- Hand sanitizer
- Proof of COVID-19 vaccination (if required by your destination country)
- Enough personal medications or other necessities to cover possible time in quarantine beyond your planned travel days.

### GENERAL

- Expedition Logistics Document
- Your travel plans, rendezvous details, and Earthwatch's emergency contact information
- Photocopies of your passport, flight itinerary, and credit cards in case the originals are lost or stolen; the copies should be packed separately from the original documents.
- Passport and/or visa (*if necessary*)
- Certification of vaccination (*if necessary*)
- Documentation for travel by minors (*if necessary*)

### CLOTHING/FOOTWEAR FOR FIELDWORK

- Lightweight, quick-drying, long-sleeved shirts
- Quick-drying long pants (2–3 pairs)
- Water-resistant pants
- Fleece for cool evenings
- Wide-brimmed sun hat
- One pair of well-worn-in hiking boots with ankle support\*
- One pair of waterproof trekking shoes\*
- Raincoat (Gore-Tex or similar)
- Windbreaker
- Warm gloves (*for May and September teams*)
- Gaiters are highly recommended to keep boots and lower pants dry, especially in spring and late September expeditions, when walking on snow may be possible in some sections.

*\*It is strongly recommended that you bring both well-worn-in hiking boots AND waterproof trekking shoes to ensure you always have the proper footwear available and dry for the long days and hikes out in the field*

#### CLOTHING/FOOTWEAR FOR LEISURE

- One or two sets of clothing to keep clean for the end of the expedition.
- Pair of light shoes to wear around the hotel during downtime.
- Warm sleepwear

#### FIELD SUPPLIES

- Waterproof cover for your pack
- Binoculars (optional)
- Two one-liter water bottles
- Notebook and pencils
- A pair of hiking poles (or one) are highly recommended but not required
- A daypack to keep your personal items together and dry and help carry gear for the field. Minimum capacity: 35 L.
- Sunscreen lotion SPF 30+ (We encourage biodegradable reef/fish-friendly products like those from [Stream2Sea](#). Get 10% off with promo code 'Earthwatch')
- Flashlight with extra batteries and extra bulb
- Sunglasses
- Insect repellent spray

#### BEDDING AND BATHING

The accommodations will provide all bedding, shampoo, and towels.

#### PERSONAL SUPPLIES

- Personal toiletries (we recommend biodegradable or reef/fish-friendly products like those from [Stream2Sea](#). Get 10% off with promo code 'Earthwatch')
- Antibacterial wipes or lotion (good for cleaning hands while in the field)
- Personal first aid kit (e.g., anti-diarrhea pills, antibiotics, antiseptic, itch-relief, allergy meds, pain reliever, bandages, blister covers, etc.) and medications.
- Spending money
- Adapters, if needed, for electrical outlets (Andorra uses 220–240-volt type F plugs)

#### OPTIONAL ITEMS

- Travel guide
- Camera, film or memory card(s), extra camera battery
- Hardware for sharing digital photographs at the end of the expedition.
- Dry bag or plastic sealable bags (e.g., Ziploc) to protect equipment like cameras from dust, humidity, and water.
- Books, games, art supplies, etc., for free time
- Earplugs for light sleepers

**Note:** *Bring only what you can carry and handle on your own. If traveling by air and checking your luggage, we advise you to pack an extra set of field clothing and personal essentials in your carry-on bag in case your luggage is lost or delayed.*