

Investigating Threats to Chimps in Uganda

Expedition Packing List

REQUIRED COVID-19 SAFETY ITEMS

The following items are required to be prepared in the event you or another person on site displays symptoms or tests positive for COVID-19:

- Multiple face masks—enough for the duration of the project (N95, FFP2, or equivalent are recommended)
- **IMPORTANT:** Multiple (3–4) COVID-19 antigen (rapid) tests
- Personal thermometer
- Hand sanitizer
- Proof of COVID-19 vaccination (if required by your destination country)
- Enough personal medications or other necessities to cover possible time in quarantine beyond your planned travel days.

GENERAL

- Expedition Logistics Document
- Your travel plans, rendezvous details, and Earthwatch's emergency contact information
- Photocopies of your passport, flight itinerary, and credit cards in case the originals are lost or stolen; the copies should be packed separately from the original documents.
- Passport and/or visa (*if necessary*)
- Certification of vaccination (*if necessary*)
- Documentation for travel by minors (*if necessary*)

CLOTHING/FOOTWEAR FOR FIELDWORK

- Dark-colored (dark green is best), long-sleeved, quick-drying shirts and pants/trousers.
- Do not bring blue, red, or other brightly colored clothing—it may frighten the animals.
- Comfortable, sturdy shoes with good tread
- Gumboots, Wellingtons, or other waterproof boots with good grip for walking in the forest—a requirement of working in the forest. You can purchase these in Uganda (approx. US\$10). However, the smallest size available is a UK size 6/US size 8.5
- At least one sweater/jumper for cool mornings and evenings, especially for the April team
- A broad-brimmed sun hat
- Rain gear (jacket and pants/trousers)

CLOTHING/FOOTWEAR FOR LEISURE

- At least one set of clothing to keep clean for the end of the expedition
- Sandals (e.g., flip flops)
- Flip flops for the showers

FIELD SUPPLIES

- Binoculars
- Secateurs (necessary on chimpanzee follow days for cutting twigs and entanglements).
- Dry bag or plastic sealable bags (good for protecting equipment such as cameras from dust, humidity, and water)
- Two one-liter water bottles
- A headlamp (not a flashlight; you'll need your hands free) with extra batteries and a bulb
- Whistle
- Small daypack or rucksack with waterproof cover
- Insect repellent spray (with DEET)

BEDDING AND BATHING

- The project will provide blankets, pillows, and bed sheets. Towels are not provided.
- Towel

PERSONAL SUPPLIES

- Personal toiletries
- Antibacterial wipes or lotion (good for cleaning hands while in the field)
- Personal first aid kit (e.g., anti-diarrhea pills, antibiotics, antiseptic, itch-relief, allergy meds, pain reliever, bandages, blister covers, etc.) and medications.
- Spending money

OPTIONAL ITEMS

- Laundry soap if you plan to wash your clothes.
- Travel guide (the Bradt Travel Guide to Uganda is highly recommended, especially the Natural History and Practical Information sections)
- Transformer (220v to 110v) if you intend to use electrical appliances from the U.S.
- Materials for an optional presentation on a conservation topic for a possible communal field station dinner
- Camera, film or memory card(s), extra camera battery
- Hardware for sharing digital photographs at the end of the expedition.
- Books, games, art supplies, etc., for free time
- Earplugs for light sleepers (highly recommended due to the nighttime calling of tree hyraxes)

Note: *Bring only what you can carry and handle on your own. If traveling by air and checking your luggage, we advise you to pack an extra set of field clothing and personal essentials in your carry-on bag in case your luggage is lost or delayed.*