

Sea of Giants: Marine Life of the Baja Peninsula

Expedition Packing List

REQUIRED COVID-19 SAFETY ITEMS

- In addition to the items included below, please also bring:
- Proof of COVID-19 vaccination, including booster doses if available
- Enough face masks for the entire length of the project. Even when mask use is no longer required on site, all participants must still bring a supply of masks with them in the event they are needed. (N95, FFP2 or equivalent are recommended.)
- Multiple travel antigen (rapid) tests for COVID-19
- Personal thermometer for daily health checks
- Hand sanitizer for personal use (at least 60% ethyl alcohol)
- Enough personal medications, or other necessities, to cover possible time in quarantine beyond your planned travel days.

GENERAL

- Expedition Logistics Document
- Your travel plans, rendezvous details, and Earthwatch's emergency contact information
- Photocopies of your passport, flight itinerary, and credit cards in case the originals are lost or stolen; the copies should be packed separately from the original documents.
- Passport and/or visa (*if necessary*)
- Certification of vaccination (*if necessary*)
- Documentation for travel by minors (*if necessary*)
- Clothing/Footwear for Field work
- Bring clothes you don't mind getting dirty and wet.
- Lightweight, quick-drying, long-sleeved shirts to keep you protected from sunburn and mosquito bites.
- Long shorts
- Quick-drying, long hiking/cargo pants; keep in mind they will get wet (to avoid sunburn/bug bites on the boat)
- Swimsuit
- Snorkeling gear, including the below:
 - Mask
 - Snorkel
 - Fins
 - Wetsuit (required for whale shark swimming; can be provided onsite, though those requiring non-standard sizes may consider bringing their own)
- Wide-brimmed sun hat
- Sunglasses (polarized lenses are best)—neck strap recommended.
- Poncho or light rain jacket
- Sneakers (be prepared to get them wet)
- Water shoes (ankle-high booties recommended)
- Well-worn-in hiking boots with good ankle-support

CLOTHING/FOOTWEAR FOR LEISURE

- At least one set of clothing to keep clean for end of the expedition.
- Sandals or flip flops
- Shorts and shirts for wearing around the home base or for recreational time.

FIELD SUPPLIES

- Small daypack
- Two one-liter water bottles
- Dry bag or plastic sealable bags (good for protecting equipment like cameras from dust, humidity, and water)
- **Very Important:** Sunscreen lotion SPF 30+
- Insect repellent

BEDDING AND BATHING

Note: *Sheets, pillows, towels, and blankets are provided at the rental home.*

- Extra Towel (recommended)

PERSONAL SUPPLIES

- Personal toiletries
- Antibacterial wipes or lotion (good for cleaning hands while in the field)
- Personal first aid kit (e.g., anti-diarrhea pills, antibiotics, antiseptic, itch-relief, allergy meds, pain reliever, bandages, blister covers, etc.) and medications.
- Spending money

OPTIONAL ITEMS

- Camera, film or memory card(s), extra camera battery
- Hardware for sharing digital photographs at the end of the expedition.
- Books, games, art supplies, etc. for free time
- Binoculars, preferably 8x to 10x magnification with wide lens aperture
- Travel guide
- Bandana for extra sun protection
- Anti-itch cream
- Electrolytes
- Dramamine or your preferred motion sickness treatment

Note: *Do not bring more luggage than you can carry and handle on your own. If traveling by air and checking your luggage, we advise you to pack an extra set of field clothing and personal essentials in your carry-on bag in case your luggage is lost or delayed.*