

## Amazon Riverboat Exploration

### Expedition Packing List

#### REQUIRED COVID-19 SAFETY ITEMS

In addition to the items included below, please also bring:

- Proof of COVID-19 vaccination, including booster doses if available
- Sufficient funds to cover any required COVID testing (approximately \$40 USD)
- Enough face masks for the entire length of the project. Even when mask use is no longer required on site, all participants must still bring a supply of masks with them in the event they are needed. (N95, FFP2 or equivalent are recommended.)
- Multiple travel antigen (rapid) tests for COVID-19
- Personal thermometer for daily health checks
- Hand sanitizer for personal use (at least 60% ethyl alcohol)
- Enough personal medications, or other necessities, to cover possible time in quarantine beyond your planned travel days

#### GENERAL

- Expedition Logistics Document
- Your travel plans, rendezvous details, and Earthwatch's emergency contact information
- Photocopies of your passport, flight itinerary, and credit cards in case the originals are lost or stolen; the copies should be packed separately from the original documents
- Passport and/or visa (*if necessary*)
- Certification of vaccination (*if necessary*)
- Documentation for travel by minors (*if necessary*)

#### CLOTHING/FOOTWEAR FOR FIELDWORK

- Synthetic quick-dry or light cotton pants
- Shorts
- Synthetic quick-dry or light cotton long-sleeved shirts
- T-shirts and/or short-sleeved shirts
- Sweater or light jacket
- Socks
- Rain gear, such as a light poncho
- Rubber boots are much better on the muddy and wet trails than hiking boots and help protect against snake bites. If you don't want to pack rubber boots, you can purchase them in Iquitos. The project has some pairs to lend, but if you have an uncommon size, please bring a pair. You may also choose to donate yours to the project or community upon your departure.
- Nonslip, closed-toed shoes (not open sandals) for the boat decks and river-based surveys
- Sun hat
- Mosquito net hat

#### CLOTHING/FOOTWEAR FOR LEISURE

- At least one set of clothing to keep clean for end of the expedition

#### FIELD SUPPLIES

- Drybag or plastic sealable bags (good for protecting equipment like cameras from dust, humidity, and water)
- Water container able to hold at least one liter (the project can supply empty plastic soda bottles if you do not wish to bring your own)
- Flashlight with extra batteries and extra bulbs (headlamps are not recommended since they attract insects toward your eyes).
- Sunscreen lotion SPF 30+ (We encourage biodegradable reef/fish-friendly products like those from [Stream2Sea](#). Get 10% off with promo code 'Earthwatch')
- Small daypack
- Sunglasses
- Insect repellent spray

#### BEDDING AND BATHING

**Note:** Bedding and towels are provided at the hotel and on the boat.

#### PERSONAL SUPPLIES

- Antibacterial wipes or lotion (good for cleaning hands while in the field)
- Personal first aid kit (e.g., anti-diarrhea pills, antibiotics, antiseptic, itch-relief, allergy meds, pain reliever, bandages, blister covers, etc.) and medications
- Spending money—crisp bills in low denominations are more widely accepted.
- Money to cover COVID test for return travel if required for your home country (tests current cost about \$40 USD in Peru at the time of publication of this document)

#### OPTIONAL ITEMS

- Travel guidebook
- Field guide
- Shower shoes (flip-flops or other rubberized sandals)
- Travel alarm clock (the crew can also wake you up if you ask)
- Binoculars (the higher the quality and magnifying power, the happier you will be)
- Favorite music
- Pocket knife (be sure to pack this in your checked luggage and not your carry-on)
- Favorite snacks, particularly if you follow a restricted diet
- Small, handheld fan (useful for keeping sand flies away; can also be purchased very inexpensively in Iquitos)
- Simple school supplies for the local children (pens, pencils, paper, rulers, etc.), or other small gifts
- Travel antigen or rapid tests for COVID-19 (helpful in remote location where access to medical care can take time)
- Camera, film or memory card(s), extra camera battery
- Books, games, art supplies, etc. for free time
- Earplugs for light sleepers

**Note:** Do not bring more luggage than you can carry and handle on your own. If traveling by air and checking your luggage, we advise you to pack an extra set of field clothing and personal essentials in your carry-on bag in case your luggage is lost or delayed.