

## Following Forest Owls in the Western U.S. (Arizona)

### Expedition Packing List

#### REQUIRED COVID-19 SAFETY ITEMS

In addition to the items included below, please also bring:

- Proof of COVID-19 vaccination, including booster doses if available
- Sufficient funds to cover any required COVID testing (*Project-specific cost estimate for both antigen and PCR test.....*)
- Enough face masks for the entire length of the project. Even when mask use is no longer required on site, all participants must still bring a supply of masks with them in the event they are needed. (N95, FFP2 or equivalent are recommended.)
- Multiple travel antigen (rapid) tests for COVID-19
- Personal thermometer for daily health checks
- Hand sanitizer for personal use (at least 60% ethyl alcohol)
- Enough personal medications, or other necessities, to cover possible time in quarantine beyond your planned travel days.

#### GENERAL

- Expedition Logistics Document
- Your travel plans, rendezvous details, and Earthwatch's emergency contact information
- Photocopies of your passport, flight itinerary, and credit cards in case the originals are lost or stolen; the copies should be packed separately from the original documents.
- Passport and/or visa (*if necessary*)
- Certification of vaccination (*if necessary*)
- Documentation for travel by minors (*if necessary*)
- Calling card or mobile phone (**Note:** *the SWRS does not have good cell phone reception, but does have wireless internet available throughout, although it is stronger in some areas than others*)
- A credit card that may be used in the event of an emergency (travel delays, etc.)

#### CLOTHING/FOOTWEAR FOR FIELDWORK

- Warm layers of clothing (e.g., jacket or fleece—it gets cold some evenings, even in AZ)
- Lightweight, quick-drying, long-sleeved shirts
- Lightweight, quick drying long pants
- Rain jacket
- Well worn-in, comfortable hiking boots with grippy soles and adequate full ankle support
- Wide brimmed hat for sun protection
- Warm hat
- Mittens or gloves

#### CLOTHING/FOOTWEAR FOR LEISURE

- At least one set of clothing to keep clean for the end of the expedition.
- Pair of light shoes or sandals



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#### FIELD SUPPLIES

- Daypack/Backpack
- Sunscreen lotion SPF 30+ (We encourage biodegradable reef/fish-friendly products like those from [Stream2Sea](#). Get 10% off with promo code 'Earthwatch')
- Headlamp with extra batteries and extra bulb (we highly recommend a headlamp for hands-free capability)
- Two one-liter water bottles
- Sunglasses
- Binoculars (If you have them. Please don't purchase them just for this expedition)

#### BEDDING AND BATHING

**Note:** the project will provide linens, pillows, towels, blankets, etc.

#### PERSONAL SUPPLIES

- Personal toiletries (we recommend biodegradable or reef/fish-friendly products like those from [Stream2Sea](#). Get 10% off with promo code 'Earthwatch')
- Antibacterial wipes or lotion (good for cleaning hands while in the field)
- Personal first aid kit (e.g., anti-diarrhea pills, antibiotics, antiseptic, itch-relief, allergy meds, pain reliever, bandages, blister covers, etc.) and medications.
- Spending money
- Lip balm (with SPF)

#### OPTIONAL ITEMS

- Extra flashlight or headlamp
- Camera, film or memory card(s), extra camera battery
- Hardware for sharing digital photographs at the end of the expedition.
- Dry bag or plastic sealable bags (e.g., Ziploc) to protect equipment like cameras from dust, humidity, and water.
- Books, games, art supplies, etc. for free time
- Earplugs for light sleepers
- Flip flops or sandals for the shower

**Note:** *Do not bring more luggage than you can carry and handle on your own. If traveling by air and checking your luggage, we advise you to pack an extra set of field clothing and personal essentials in your carry-on bag in case your luggage is lost or delayed.*