

Killer Whales and their Prey in Iceland

Expedition Packing List

REQUIRED COVID-19 SAFETY ITEMS

In addition to the items included above, please also bring:

- Proof of COVID-19 vaccination
- Enough face masks for the entire length of the project. (Must be made of two layers of fabric. No single layer neck gaiters or buffs, face shields or masks with exhalation valves are permitted. Assume limited or no access to laundry when deciding how many are needed)
- Hand sanitizer for personal use (at least 60% ethyl alcohol)
- Personal thermometer for daily health checks
- Personal toiletries—please do not share personal care products with others
- Pens and pencils for daily use
- Sufficient funds to cover any COVID testing required for your return home
- Travel antigen or rapid tests for COVID-19 (optional)

GENERAL

- Expedition Logistics Document
- Your travel plans, rendezvous details, and Earthwatch's emergency contact information
- Photocopies of your passport, flight itinerary, and credit cards in case the originals are lost or stolen; the copies should be packed separately from the original documents
- Passport and/or visa (*if necessary*)
- Certification of vaccination (*if necessary*)
- Documentation for travel by minors (*if necessary*)

CLOTHING/FOOTWEAR FOR FIELDWORK

Note: *Bring comfortable clothing that is easy to hand-wash and doesn't need to be ironed. Bring layers of clothing as well that can easily fit under a dry suit like thermals, fleeces, and long underwear.*

- Lightweight, quick-drying pants/trousers, long-sleeved shirts, and pants
- 2–3 warmer layers for boat work or land observations; warm base layer/thermal underwear is also useful
- Lightweight windproof and waterproof jacket
- 1–2 warm sweaters
- Warm, waterproof/windproof hats (with a fleece layer on the inside, for example) are ideal to protect from the cold temperature; a wide-brimmed hat or cap for sun protection
- Neck warmer or scarf for the boat and land observation work
- Waterproof, windproof, and warm gloves for boat work and warm, windproof gloves for land work
- Comfortable, waterproof shoes for boat work and land observations. We recommend hiking boots that are waterproof with good ankle support. For boat work, it is important that the soles are not slippery
- Eye mask if light will disturb your sleep. The sun doesn't set fully until 2:00 a.m. and there are only a few hours of darkness each night during the summer

CLOTHING/FOOTWEAR FOR LEISURE

- One set of clothing to keep clean for end of expedition
- Bathing suit for local swimming pool (900 ISK per trip)

FIELD SUPPLIES

- Small waterproof daypack (drybag) to keep your personal items together and dry
- Sunscreen lotion SPF 30+ We encourage biodegradable reef/fish-friendly products like those from [Stream2Sea](#). Get 10% off with promo code 'Earthwatch'
- Dry bag or plastic sealable bags (e.g., Ziploc) (good for protecting equipment such as camera from dust, humidity, and water)
- Insect repellent spray
- Sunglasses
- Two one-liter water bottles

BEDDING AND BATHING

Note: Clean bed sheets, pillows and duvet covers will be provided by the project. However, those wishing to bring their own are welcome to do so.

- Bring a bath towel and/or small beach towel

PERSONAL SUPPLIES

- Personal toiletries (we recommend biodegradable or reef/fish-friendly products like those from [Stream2Sea](#). Get 10% off with promo code 'Earthwatch')
- Antibacterial wipes or lotion (good for cleaning hands while in the field)
- Personal first aid kit (e.g., anti-diarrhea pills, antibiotics, antiseptic, itch-relief, allergy meds, pain reliever, bandages, blister covers, etc.) and medications
- Spending money (150 euro, about \$180)

OPTIONAL ITEMS

- Camera, film or memory card(s), extra camera battery
- Hardware for sharing digital photographs at the end of the expedition
- Books, games, art supplies, etc. for free time
- Earplugs for light sleepers
- Binoculars (the research team has enough for volunteer tasks, but you're welcome to bring your own)
- Adapter for electronic devices
- A couple of simple cooking recipes to help you cook for a group if you are not used to this
- Comfortable shoes to change into after conducting fieldwork
- Travel guide
- Basic modern Icelandic vocabulary guide/phrasebook

Note: Do not bring more luggage than you can carry and handle on your own. If traveling by air and checking your luggage, we advise you to pack an extra set of field clothing and personal essentials in your carry-on bag in case your luggage is lost or delayed.