

# Tracking Sea Turtles in the Bahamas

## **Expedition Packing List**

#### **REOUIRED COVID-19 SAFETY ITEMS**

In addition to the items included above, please also bring:

- Proof of COVID-19 vaccination
- Enough face masks for the entire length of the project. (Must be made of two layers of fabric. No single layer neck gaiters or buffs, face shields or masks with exhalation valves are permitted. Assume limited or no access to laundry when deciding how many are needed)
- Hand sanitizer for personal use (at least 60% ethyl alcohol)
- Personal thermometer for daily health checks
- Personal toiletries—please do not share personal care products with others
- Pens and pencils for daily use
- Sufficient funds to cover any COVID testing required for you to return home.
- Travel Antigen or rapid tests for COVID-19 (optional)

#### **GENERAL**

- Expedition Logistics Document
- Your travel plans, rendezvous details, and Earthwatch's emergency contact information
- Photocopies of your passport, flight itinerary, and credit cards in case the originals are lost or stolen; the copies should be packed separately from the original documents
- Passport and/or visa (if necessary)
- Certification of vaccination (if necessary)
- Documentation for travel by minors (if necessary)

#### CLOTHING/FOOTWEAR FOR FIELDWORK

- Lightweight, quick-drying, long-sleeved shirts to keep bugs and sun off
- Quick-drying long pants
- Swim tights/leggings to limit sun exposure
- Wide-brimmed sun hat
- Sunglasses (polarized—or it is difficult to spot turtles)
- Rash guard
- Swimsuits (one-piece, athletic style bathing suits required)
- Hard-soled sandals or shoes that can be worn in the water (for walking in rocky and muddy tidal creeks)
- Beach shoes, like flip flops
- Rain jacket/windbreaker
- Waterproof watch



#### CLOTHING/FOOTWEAR FOR LEISURE

- At least one set of clothing to keep clean for end of expedition
- T-shirts
- Shorts/Skirts
- Long-sleeves/trousers for dusk to avoid bugs

#### FIELD SUPPLIES

- Drybag
- Large water bottle
- Travel mug
- High-SPF reef-safe sunscreen, body and lips (Stream2Sea is recommended, Get 10% off with promo code 'Earthwatch')
- Insect repellent spray (baby oil or Skin-So-Soft works well for no-see-um and sandflies)
- Mask, snorkel, full-foot dive fins (longer than snorkel fins and don't require booties)
- Towel

#### **BEDDING AND BATHING**

- Towel
- Pillowcase, fitted sheet, top sheet, light blanket, or sleeping bag

#### PERSONAL SUPPLIES

- Personal toiletries (we recommend biodegradable or reef/fish-friendly products like those from Stream2Sea.
- Antibacterial wipes or lotion (good for cleaning hands while in the field)
- Personal first aid kit (e.g., anti-diarrhea pills, antibiotics, antiseptic, itch-relief, allergy meds, pain reliever, bandages, blister covers, etc.) and medications
- Spending money
- Baby powder (recommended by field staff to relieve chafing in the hot, humid environment)
- Small Bottle of Aloe Vera or equivalent skin calming cream (good for bug bites and sunburn)
- Headlamp with extra batteries and extra bulb

### **OPTIONAL ITEMS**

- Comfortable shoes to change into after conducting fieldwork
- Travel guide
- Laptop (for accessing internet and complete data entry if willing)
- Camera, film or memory card(s), extra camera battery
- Hardware for sharing digital photographs at the end of the expedition
- Dry bag or plastic sealable bags (e.g. Ziploc) to protect equipment like cameras from dust, humidity, and water
- Books, games, art supplies, etc. for free time
- Earplugs for light sleepers

**Note**: Do not bring more luggage than you can carry and handle on your own. If traveling by air and checking your luggage, we advise you to pack an extra set of field clothing and personal essentials in your carry-on bag in case your luggage is lost or delayed.