

## Trailing Penguins in Patagonia

# Expedition Packing List

### GENERAL

- This expedition briefing
- Your travel plans, rendezvous details, and Earthwatch's emergency contact information
- Photocopies of your passport, flight itinerary, and credit cards in case the originals are lost or stolen; the copies should be packed separately from the original documents
- Passport and/or visa (if necessary)
- Certification of vaccination (if necessary)
- Documentation for travel by minors (if necessary)

### CLOTHING/FOOTWEAR FOR FIELDWORK

**Note:** Khaki, earth-toned, or dark colored field clothing is highly preferred.

- Long-Sleeved shirts
- Lightweight field pants
- Fleece/jumper/sweater or other warm clothes for layering and wind protection
- Well broken-in hiking boots with ankle support
- Wide-brimmed hat to protect the face, neck, and head from the strong sun. The hat must have a tie to keep it on your head in the wind.
- Warm windbreaker or jacket
- Scarf, warm headband and light gloves and hat
- Hiking socks

### CLOTHING/FOOTWEAR FOR LEISURE

- At least one set of clothing to keep clean for end of expedition
- Shorts
- T-shirts
- Comfortable pants
- Lightweight long-sleeve shirts for sun protection
- Comfortable closed-toe shoes to wear around town
- Comfortable warm sweats to change into after field work

### FIELD SUPPLIES

- Small daypack to keep your personal items together
- One-liter water bottles
- Sunscreen lotion SPF 50+ (We encourage biodegradable reef/fish-friendly products like those from [Stream2Sea](http://Stream2Sea). Get 10% off with promo code 'Earthwatch')
- Sunglasses

## **BEDDING AND BATHING**

**Note:** Lines will be provided

- Bath towel

## **PERSONAL SUPPLIES**

- Personal toiletries (biodegradable soaps and shampoos are encouraged)
- Antibacterial wipes or lotion (good for cleaning hands while in the field)
- Personal first aid kit (e.g., anti-diarrhea pills, antibiotics, antiseptic, itch-relief, pain reliever, bandages, blister covers, etc.) and medications
- Spending money

## **OPTIONAL ITEMS**

- Camera, film or memory card(s), extra camera battery
- Hardware for sharing digital photographs at the end of the expedition
- Books, games, etc. for free time
- Earplugs for light sleepers
- Comfortable shoes to change into after conducting fieldwork
- Dry bag or plastic sealable bags (e.g. Ziploc) to protect equipment like cameras from dust, humidity, and water
- Travel guide
- Field guide(s) (i.e. Bird, Marine mammal, plants' guides)
- Binoculars
- Flashlight
- Money belt
- Flip-flops or sandals for the shower
- Favorite snacks, if you have specific dietary requirements
- Aloe in case of sunburn
- Ziploc bags, black sharpies, 9Volts batteries, colored duct and flagging tape will be highly appreciated for the team

**Note:** Do not bring more luggage than you can carry and handle on your own. If traveling by air and checking your luggage, we advise you to pack an extra set of field clothing and personal essentials in your carry-on bag in case your luggage is lost or delayed.